

Our Mission is to provide primary health care and preventive health education for the residents of Pierce and St. Croix Counties who have no health care alternative.



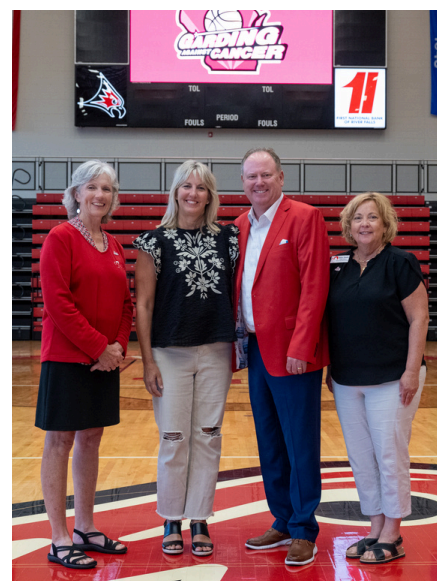
P.O. Box 745 River Falls, WI 54022 715.307.3948 freeclinicpiercestcroix.org

October 2024

Garding Against Cancer

Supporting Wisconsin healthcare & cancer research

UW-Madison men's head basketball coach Greg Gard and his wife, Michelle have been dedicated supporters of cancer research for years. Their commitment took on a deeply personal meaning when Greg's father lost his battle with Glioblastoma Multiforme. Their loss inspired them to launch the "Garding Against Cancer" campaign, an initiative to provide support to cancer researchers and patients. Their mission is to raise awareness, fund vital research, and offer assistance to those impacted by cancer in their home state of Wisconsin. The Free Clinic is thrilled to be selected as a 2024 beneficiary of 'Garding Against Cancer River Falls,' a fundraising event scheduled for October 1st at the Falcon's Nest. The event's proceeds are dedicated to



Julie Ducklow, Michelle Gard, Greg Gard and Mary Steele

supporting local organizations, including the Rhinos Foundation, The Free Clinic, and the UW-River Falls Tissue and Cellular Innovation Center. Thank you Greg and Michelle for creating a huge impact within our local communities to ensure everyone receives the healthcare they deserve.

Volunteer Board of Directors

- Eunice Adegoke
- Julie Ducklow, Chair
- Julie Freeborn, Treasurer
- Katie Ihus
- Leah Gavin
- Mary Conroy-Johnson
- Max Neuhaus
- Miranda Thorson
- Robert Johnson
- Samantha Bluhm
- Sharlene Lopez
- Victoria Losinski, Secretary

Leadership

- Mary Steele
Clinic Manager
- Jena Most
Nursing Supervisor

2023 Community Impact

Times are tough for many. Prices continue to rise and incomes do not. Prescription medications and health care are not always "affordable." The need for the Free Clinic in the community continues.

The Free Clinic does not receive any federal or state funding. It is dependent on donors and volunteers to continue running.



Our Supporters:



BIG Thanks

We would like to extend our heartfelt thanks to the volunteer providers and pharmacists who have dedicated their time and expertise to the Free Clinic. Your selfless efforts have made a profound impact on our communities, and we are incredibly grateful for the invaluable contributions you have made to improving the health and well-being of those in need.

We are truly fortunate to have such dedicated individuals as part of our clinic's team. Thank you for making a real difference through your volunteerism and for embodying the spirit of service to others.



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|--------------------------|----------------------|
| Allison Morning, FNP | Leah Gavin, RPh |
| Christine Ostendorf, CNP | Mark Stannard, MD |
| Christopher Tashjian, MD | Matt Hansmeier, MD |
| Dane Rasmussen, RPh | Olusola Adegoke, MD |
| David DeGear, MD | Rachel Sixberry, NP |
| David Gregg, PA-C | Rachele Paul, PharmD |
| Dawn Pederson, PharmD | Robert Johnson, MD |
| Elizabeth Black, PharmD | Russell Roloff, MD |
| Greg Young, MD | Ryan McFarland, MD |
| Jeffrey Larsen, MD | Sara Holmberg, ANP |
| Keith Bratulich, MD | Sarah McFarland, MD |
| Kris Kannel, PharmD | Travis Greiman, MD |
| Kurt Helmrick, PA-C | |

Board of Directors Update

In 2024 we welcomed two new board members, Eunice Adegoke and Kate Ihus.

Eunice is a Continuous Improvement Manager at Solventum (formerly 3M Health Care Business), where she oversees process improvement and project management within the Negative Pressure Wound Care organization.

Kate recently retired after nearly 30 years in the field of mental health and substance abuse rehabilitation. She has a Master's degree in psychology and a Bachelor's degree in Human Services. She also holds three different licenses in her field.

We are thrilled to welcome Eunice and Kate to the Free Clinic Board of Directors.



From Mary's Heart

We are grateful to our volunteers and donors past and present who have made this all possible. We urge you to join us in our mission to make a positive impact in people's lives.

By working together, we can ensure that everyone in our community receives the care they deserve.

Mary Conroy-Johnson
Clinic Co-Founder

PATIENTS NEED US AND WE NEED YOU!

I would like to support the Free Clinic of Pierce and St. Croix Counties

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____



Please send check or money order to:
Free Clinic of Pierce and St. Croix Counties
P.O. Box 745 • River Falls, WI 54022

Fall Fundraiser: Vines, Wine, and Good Times



Scan QR code or visit our Facebook page for more information about the event and how to purchase your tickets.



Community Connection:

Supporting community through compassion

In difficult times, it's refreshing to stumble upon stories that remind us of the power of empathy and community.

We would like to spotlight how one of our volunteers, Lexi Parent, a student at the University of Wisconsin - River Falls, saw an opportunity to support her friends and neighbors and acted on it. Her compassion and initiative sparked a wave of generosity and kindness.

Recognizing the financial strain many people are experiencing, Lexi sought to alleviate some of this hardship. She created a campus-wide product drive for personal care items and household cleaning supplies, inspired by the belief that everyone deserves to feel good about themselves.

With the support of the campus community, Lexi was able to donate supplies to the Free Clinic of Pierce & St. Croix Counties. By leveraging social media and reaching out to friends, family, and fellow students, she collected hundreds of items for donation.

From toothpaste and soap to shampoo, sanitary products, household cleaners, and laundry supplies, each item represented a small act of kindness—a gesture of solidarity with those facing economic hardship.

Reflecting on her experience, Lexi expressed gratitude for the outpouring of support she received. Her story is a reminder that, even in challenging times, we have the power to make a positive difference in the lives of others.

It's a testament to the transformative power of compassion and the profound impact one person can have when they dare to care. Lexi aspires to one day establish a marketplace where people can access needed supplies during difficult times.

We would like to thank Lexi and all the generous campus and community donors who are invested in greater good. May their selfless acts of kindness continue to ripple through our area, reminding us of the boundless potential for goodness that resides within each of us.



Lexi Parent (pictured in front) at the Free Clinic

Eligibility & Hours

Criteria:

1. Resident of Pierce or St. Croix County
2. Household income of 250% or less of the Federal Poverty Level
3. No health insurance
4. Seeking care within our scope of services

Hours:

Every Tuesday, with registration beginning at 4:15 pm. No appointment is needed. Patients are seen on a walk-in basis.

Location:

1629 E Division Street
River Falls, WI 54022
Door #16

Phone: 715.307.3948

The Free Clinic is a non-profit 501(c)(3) organization and relies on the generous financial support of donors.



P.O Box 745 • River Falls, WI 54022

Did you Know?

Did you know that many non-profit organizations miss out on revenue yearly simply because donors are unaware of their employer's matching gift programs? These programs encourage employees to give back to the community by matching their donations or volunteer time dollar for dollar and sometimes even more!

By taking advantage of this program, you can double your impact to the Free Clinic. Don't miss out on this incredible opportunity to give back.

Ask your employer about your company's policy regarding matching gifts **today!**

